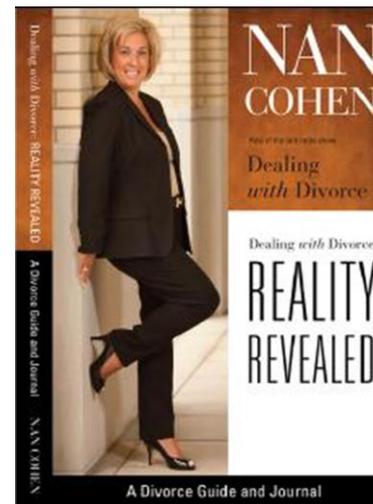


NEWS *from New Place Collaborations for* **NAN COHEN, DIVORCE REALITY EXPERT**

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Divorce Expert Nan Cohen asks the most important questions for readers to answer in *Dealing with Divorce: Reality Revealed*, a guide and journal for both men and women

"Divorce does not necessarily mean the end. Look at divorce as your new beginning."—Nan Cohen



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Dealing with Divorce: Reality Revealed ©2012 by Nan Cohen

Published by: Nan Cohen Total Talk

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Editors: PHOTOS AND ELECTRONIC/PRINT BOOKS AVAILABLE UPON REQUEST

(April 23, 2011—Pittsburgh, PA) **Nan Cohen knows breaking up is hard to do, but asking the right questions in the midst of separation or divorce can be even more difficult. The long-time radio host of "Dealing with Divorce" on Pittsburgh's KQV-AM, is now posing her up-front and personal questions about relationships, families, children, dating, and intimacy in *Dealing with Divorce: Reality Revealed*, a motivating and illuminating guide and journal designed for men and women in the midst of relationship challenges.**

As the hardest questions to hear are the most important to answer, the divorce consultant's interactive tool is designed for anyone to explore their feelings in a confidential and encouraging way.
(<http://www.divorcerealityexpert.com>).

Dealing with Divorce: Reality Revealed is on sale (\$19.95 US/\$22.95 Canada) via Amazon.com at (<http://www.divorcerealityexpert.com>), and by the April 26 launch date at the University of Pittsburgh Book Center (<http://www.pitt.edu/~bookctr>), Awesome Books (<http://www.awesomebookspittsburgh.com>), and Penguin Bookshop (<http://www.penguinbookshop.com/>).

Cohen's first signing events will be held at Penguin Bookshop on Sat., April 28 at 1 pm and at Awesome Books (downtown Pittsburgh location) on Tues., May 1 at 7 pm.

"Ultimately, this book empowers the reader to write their own story," says Nan. "It's also for friends and family to share with someone they care about—someone who might be in pain or in need of an objective listener, anyone dealing with a separation or divorce."

In *Dealing with Divorce: Reality Revealed*, Nan shares insights from her own life and career journey with both her radio listeners and guest experts and her work as a personal consultant on clients' divorce teams. Nan's chapter introductions reveal her personal journey from a divorced mother of a toddler to a happily married parent of two daughters.

Ten chapters explore the most pertinent and practical concerns around separation and divorce. Each chapter features Cohen's self-evaluative and thought-provoking questions on areas such as Legal & Other Support, What Divorce Means, Time for Me, Dating, and Sex & Intimacy. Chapters on custody and children offer practical and philosophical parenting insight.

The compact, spiral-bound book features a durable cover and space in which readers may record answers to Cohen's essential questions and their additional thoughts.

Cohen says, "It's a way to encourage an individual who may be feeling overwhelmed or in need of structure with a tool for organizing their thoughts, dreams and, yes, even regrets."

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New book: DEALING WITH DIVORCE: REALITY REVEALED

"This book isn't about me; it's about the reader. It's drawn from my experience of my own divorce and those of my radio audience and clients," says Cohen. "For many years, friends and colleagues have asked me if I planned to share my own story in a book," say the divorce expert in the introduction to *Dealing with Divorce: Reality Revealed*. "I realized that my story is best shared through what I have learned working with so many others confronted with the challenges of divorce and by asking the questions that I believe are essential.

Change is inevitable in so many aspects of life, Cohen notes. With divorce, there are the realities of logistics related to everyday life, social life, existing friendships and family. "Divorce can bring about a grieving process, one which is personal and unique," says Cohen. "When dealing with divorce, men and women ask 'What is normal?' They often wonder what questions to ask, so I've compiled what I feel are some of the most important questions for someone in a break-up or divorce."

"I've been listening on the air and in personal consultation for years," Nan says. "With my book, I'm able to provide another way to listen and interact with someone facing a major life transition"

Nan is the first to admit that divorce or ending a relationship is never easy.

"It's not simple while emotions, families, children and finances can add unique complications," says Nan. "With this book, I hope to narrow the focus for the person dealing with divorce. I hope my readers will use my book in a quiet time when they can simply take care of themselves in the midst of a transition. And use the process I'm providing to take journey into a new and happy phase of their lives."

About Nan Cohen

Nan Cohen is recognized as the go-to expert on the realities of separation and divorce, based on her own experience and long-running radio show "Dealing with Divorce". After her marriage took a surprising turn, the young mother of a toddler girl confronted with all of the emotions and logistics of divorce, Nan learned the realities of divorce by experiencing it—a long and bitter divorce, joint custody, social stigma, and emotional turmoil. She was empowered by discovering a niche in which she could help others work through a transition from divorce to a new beginning. While she does not promote divorce, Nan does promote understanding its complexities, including custody, alimony, child support, financial settlements, parenting skills, and even dating, sex, and remarriage.

A quick-witted, practical and no-nonsense resource, Nan hosts **DEALING WITH DIVORCE** on Pittsburgh's KQV 1410 AM and www.kqv.com. Here, her valued legal, family and wellness experts join her to discuss divorce and all its related issues. **She been a contributor on KDKA-TV on "Pittsburgh Today Live" (on which she is scheduled to appear on Fri., April 27)** and is a frequent guest expert in programs and media stories about divorce. Now, Nan's first daughter is in college, she is mother of a daughter with her second husband, and her family supports her working with those experiencing divorce. Nan brings her reality-based perspective to individuals through consulting with divorce team professionals, one-on-one coaching, and audiences of her shows, seminars, and tools, including *Dealing with Divorce: Reality Revealed*, *A Divorce Guide and Journal*, all reachable via <http://www.divorcerealityexpert.com>

Facebook: Nan Cohen Total Talk. Twitter @nanondivorce

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Nan Cohen

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A Divorce Guide and Journal***

www.divorcerealityexpert.com

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